TRAINING IN THE BONNY METHOD OF GUIDED IMAGERY AND MUSIC

Training in The Bonny Method of Guided Imagery and Music is designed to provide persons with the concepts, applications, skills, and ethics necessary to become facilitators of this method. The curricula of the diverse training programs are based on a common understanding of The Core Elements of The Bonny Method of Guided Imagery and Music. Through a combination of didactic, experiential, and evaluative components, each training program prepares persons to develop the knowledge and the skills necessary to implement The Core Elements.

METHOD

Training in The Bonny Method of Guided Imagery and Music:

• deepens persons’ understandings of The Core Elements of The Bonny Method of Guided Imagery and Music;
• provides opportunities for persons to experience, identify, demonstrate, and practice the concepts, skills, processes, and ethics unique to this method;
• prepares persons to apply these concepts, skills, and processes ethically in a variety of therapeutic settings;
• motivates persons to continue to explore the potentials of this method.

CONSCIOUSNESS

Training in The Bonny Method of Guided Imagery and Music:

• assists persons to broaden their therapeutic paradigms;
• increases persons’ comprehensions of the significance of imagery experiences;
• encourages persons to acknowledge the integrity of ASC experiences;
• challenges persons to recognize the diversity of explorations of consciousness provided by this method.

MUSIC

Training in The Bonny Method of Guided Imagery and Music:

• expands persons’ perceptions of music as a therapeutic agent and an activator of imagery experiences;
• instructs persons in the use of music appropriate to The Bonny Method of Guided Imagery and Music;
• enables persons to develop a knowledge base in classical music;
• allows persons to explore all aspects of the healing potentials of music.