24th INTERNATIONAL CONFERENCE

Association for Music & Imagery

June 14 - 17, 2017

Concordia University Grey Nuns Residence
1190, Guy Street
MONTREAL, QC. CANADA
(Metro Guy-Concordia)

PROGRAM
Concordia University (Montreal, QC. CANADA)

*We would like to acknowledge that the land on which we gather is the traditional territory of the Kanien'kehá:ka (Mohawk), a place which has long served as a site of meeting and exchange amongst nations.*
From the President of the Association for Music and Imagery

Dear Conference Attendee,

Welcome to the 24th International Conference of the Association for Music and Imagery. We are honored to host you in the city of Montreal, at the Grey Nuns Residence which is part of Concordia University. Our Conference Committee Chair, Guylaine Vaillancourt, and her wonderful committee, have put together a rich program for us this year, which thoughtfully considers ways to help us connect to each other in community and to the city around us.

If this is your first time to an AMI conference we would like to offer a special invitation to make it easier for you to feel a part of this community. You may see attendees who have a smiley-face sticker on their name tags; these are individuals that belong to either the Leadership Circle or the Conference Committee, and they are here to help you to get what you need out of this conference experience. Please find and introduce yourself to one of us, ask us questions, or share your reasons for being here. All of us are eager to welcome you to Montreal and meet our AMI community, face-to-face. AMI’s Executive Secretary, Maryann Najpaver, will be woman-ing the registration and information table throughout most of conference. Her role includes doing everything she can to make sure you feel comfortable and are getting your needs met.

If you have been to an AMI conference before, welcome back! For some of you, this may even be your 24th conference! I know, personally, how precious it is to reconnect with this GIM community. This year, we also invite you to find a new face — someone you haven’t seen before — and reach out to introduce yourself and welcome them. We are a growing, international, diverse group, and we have much to offer each other in terms of support and wisdom.

At this year’s Continuing Education Day, Leslie Bunt and Dr. Cathy McKinney, two of the wise elders in our “tribe”, will be sharing from their wells of personal and collective wisdom. Dr. Lisa Summer has also been invited to lead an Ethics Presentation for all our members - this, and the Ethics Committee’s panel presentation, is the AMI’s ethics offering for this 2-year cycle. The Ethics presentation is carefully scheduled at a time when there are no other sessions, so that everyone is able to attend.

If you are a member of the AMI, please attend our two Business meetings, get to know your AMI community, and be a part of how this Association functions. With warmest gratitude to you for being here, I wish you an inspiring and connected conference experience.

Suzannah Scott-Moncrieff, MA, LCAT, MT-BC, FAMI, President of the AMI
Message from the Conference Chair and committee

Dear Attendee,

The organization committee is thrilled to welcome you to Montreal for the 24th Association for Music and Imagery International Conference. We hope you will enjoy the program and the special research symposium led by Dr. Laurel Young.

Our theme of Celebrating the Journey: Past, Present, and Future aims to reflect the roots, the current, as well as future practices. GIM is expanding and we are happy to present rich perspectives and visions from North and South America, Europe, Africa, Asia, and Australia.

While you are here, take the time to taste La joie de vivre of Montreal, a dynamic multicultural city that is celebrating its 375th anniversary, the birth of La Nouvelle France. Montreal was ranked the best city in the world to study in 2017. With 2 French and 2 English universities, Montreal’s Concordia University alone welcomes over 46 000 students from 150 countries. Canada is also celebrating its 150th anniversary with several activities all over the country!

We want to thank you for being part of what promising to be a great conference in Montreal, Canada!

Guylaine Vaillancourt, PhD, MTA, FAMI, Primary Trainer
Conference Chair
Dear AMI Conference Delegates,

It is with a great pleasure that I welcome you to Concordia University and more specifically, to our Department of Creative Arts Therapies located within the Faculty of Fine Arts.

Our graduate music therapy programs are unique in Canada, being the only ones situated within a creative arts therapies training milieu. Students in our Creative Arts Therapies graduate programs as well as those pursuing a doctoral degree in the Individualized or Humanities PhD programs have the unique option of including GIM training or research as part of their studies.

Two of our Faculty members, Dr. Guylaine Vaillancourt, (Associate Professor, AMI Fellow and Primary Trainer, and Chair of this conference) and Dr. Laurel Young, (Associate Professor, AMI Fellow, and the conference Research Symposium Chair) have been active members of the Association for Music and Imagery for several years and are very excited to welcome you to Montreal.

This is the first time that the AMI conference has come to Montreal. There is an impressive number of speakers from all over the world, providing wonderful opportunities to make connections and share a diversity of knowledge. I hope you enjoy the conference, our wonderful city, and your time at Concordia!

Rebecca Duclos
Dean Faculty of Fine Arts
Bienvenue aux participants de ce 24e congrès international de l’Association for Music and Imagery. Nous sommes ravis d’accueillir votre organisation à Montréal pour la première fois.

Dans cette ville dynamique et créative, nous croyons aux effets positifs des arts sur la santé physique et mentale. Le Musée des beaux-arts de Montréal offre divers programmes d’art-thérapie, les Grands Ballets Canadiens ont fondé le Centre national de danse-thérapie, et la Société pour les arts en milieux de santé présente des concerts dans 150 établissements québécois, y compris des hôpitaux et des résidences pour aînés.

Par ailleurs, nous sommes fiers d’avoir remporté le titre de meilleure ville universitaire de la planète, décerné par l’Institut Quacquarelli Symonds au début de cette année.

Votre hôte, l’Université Concordia, s’y démarque notamment par la diversité de ses étudiants venus de partout et par ses opportunités de recherche dans les domaines des arts et de la santé.

Toutes les conditions sont réunies pour que votre visite à Montréal s’avère intéressante et agréable, d’autant plus que le 375e anniversaire de la ville bat son plein. Je vous invite à profiter des nombreuses activités qui s’offrent à vous et vous souhaite un excellent congrès.
Welcome to the participants of the 24th International Conference of the Association for Music and Imagery. We are delighted to welcome your organization to Montréal for the first time.

In this vibrant and energetic city, we believe in the positive effects that the arts have on mental and physical health. The Montréal Museum of Fine Arts offers various art therapy programs. The Grands Ballets Canadiens founded the National Centre for Dance Therapy and the Société pour les arts en milieux de santé gives concerts in 150 Québec establishments, including hospitals and seniors residences.

Furthermore, we are proud to have won the title of the world’s Best Student City, awarded by the Quacquarelli Symonds Institute at the beginning of this year.

Your host, Concordia University, sets itself apart notably by the diversity of its students who come from all over the world and by its research opportunities in the fields of art and healthcare.

All the conditions are in place to make your visit here in Montréal interesting and pleasant, all the more so because the 375th anniversary of Montréal is in full swing. I invite you to take advantage of the numerous activities available to you and wish you an excellent conference.

Denis Coderre
Maire de Montréal
Mayor of Montréal
Message du premier ministre

Je salue avec plaisir tous les participants du Québec et des quatre coins du monde à la 24e Conférence internationale de l'Association for Music and Imagery.

Au cœur de la métropole québécoise, notre réputée Université Concordia vous reçoit dans sa Résidence des Sœurs grises, où vous aurez l'occasion d'échanger des connaissances et expériences sur les bienfaits de la musique et leur portée dans l'exploration de la conscience. Sujet de recherche qui ne cesse de s'intensifier, on le sait, et qui fait de plus en plus d'adeptes chez les thérapeutes et professionnels du milieu ainsi que chez leurs clients.

Je vous souhaitez une conférence des plus enrichissantes et inspirantes. Je vous souhaitez aussi un séjour mémorable dans la superbe ville de Montréal, en beauté et en fête pour son 375e anniversaire et pour le 150e anniversaire du Canada.

Message from the Primer of Québec

I take pleasure in greeting participants from Québec and all over the world at the 24th International Conference of the Association for Music and Imagery.

Renowned Concordia University, located in the heart of Montréal, will welcome you at its Grey Nuns Residence, where you will have an opportunity to exchange knowledge and experience on the beneficial effects of music and their significance in the exploration of consciousness. This research topic continues to expand and growing numbers of therapists and professionals as well as their clients are embracing it.

I hope that your conference will be enriching and inspiring. Moreover, I wish you a memorable stay in beautiful Montréal, celebrating its 375th anniversary as Canada celebrates its 150th anniversary.

Philippe Couillard
June 14 to 17, 2017

Dear Friends,

I am pleased to extend my warmest greetings to everyone participating in the 24th International Conference of the Association for Music and Imagery, in Montreal.

This event is a wonderful opportunity for participants to expand their knowledge and to become more informed about the latest research and discoveries in The Bonny Method of Guided Imagery and Music. I am sure that your discussions and debates will help you to see your work in a new light.

I would like to commend all the members of the Association for their commitment. Your remarkable efforts to help researchers and professionals raise the level of excellence in their field of expertise deserve to be highlighted.

On behalf of the Government of Canada, I wish you all a most productive conference. Sincerely,

The Right Hon. Justin P. J. Trudeau,
P.C., M.P Prime Minister of Canada
**SCHEDULE at a glance**

*Room: E 104 (main conference room)*
*Concurrent sessions: Room E 104 and RC/Cafeteria*
*Cafeteria Breakfasts: RC/basement*
*Friday pm: EV Building (1515 Ste-Catherine/Guy)*
Rooms EV 1.1615 & 1.1605

<table>
<thead>
<tr>
<th>Time</th>
<th>Wednesday, June 14</th>
<th>Thursday, June 15</th>
<th>Friday, June 16</th>
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<td>8-9 am Primary</td>
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<td>Research</td>
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<td>Trainer Breakfast</td>
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<td>Workshop</td>
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<td>Plenary Session</td>
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<td>LUNCH BOX</td>
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<td>12:45 pm Conference</td>
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*Note: All times are in 24-hour format.*
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<tr>
<th>Time</th>
<th>Room</th>
<th>Event</th>
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<tbody>
<tr>
<td>3:30-5:30pm</td>
<td>E 104</td>
<td>Continuing Education</td>
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<tr>
<td>3:15 - 4:45 pm</td>
<td>EV 1.605</td>
<td>ETHICS Presentation and Panel (with Break 3:15-3:25 pm)</td>
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<tr>
<td>2:20 – 5:15 pm</td>
<td>E 104</td>
<td>Presentation and Panel (with Break 3:15-3:25 pm)</td>
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<td>6 pm</td>
<td>E 104</td>
<td>Welcome and Social Hour (Dinner Cocktail)</td>
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<td>6 pm</td>
<td>E 104</td>
<td>Standards/Competency Document Panel Discussion</td>
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<td>E 104</td>
<td>Buffet DINNER</td>
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<td>Fellow Ceremony</td>
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<td>Evening events</td>
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**DETAILED SCHEDULE**

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<tr>
<th>WEDNESDAY June 14</th>
<th>Room E 104. Continuing Education</th>
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<tr>
<td>12:45 pm</td>
<td>Conference Welcoming</td>
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<td>Professional Development Chair Introduction</td>
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<td>Maureen Hearns</td>
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<td>1-3 pm</td>
<td>Cathy McKinney</td>
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<td><em>The Evolution of GIM as Seen Through the Research: Past, Present, and Future</em></td>
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<td>3-3:30 pm</td>
<td>Break</td>
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<td>3:30-5:30 pm</td>
<td>Leslie Bunt</td>
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<td><em>Crossing the thresholds at transition points in GIM: an exploration of some of the challenges and risks</em></td>
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<tr>
<td>8:30-8:50 am</td>
<td>Opening Ceremony</td>
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| 9-10 am         | Key speaker: **Ginger Clarkson**  
GIM as Spiritual Practice |                                                                            |
| 10-10:30 am     | Break                                                                  |                                                                            |
| 10:30 am -12 pm | Business Meeting:  
FOR AMI MEMBERS ONLY                                                                 |                                                                            |
| 12-1:15 pm      | Lunchbox                                                               |                                                                            |
| 1:15-2 pm       | **Nicki Cohen**  
The Seed or the Flower: The Bonny Method and Music Therapy | **Mary Reher**  
Unearthing Emotion: Full Circle, from Children to Adults                  |
| 2-2:45 pm       | **Carolyn Arnason**  
An Artful Process: Crafting an Arts-Based Methodology For Researching GIM Practice | **Catherine O’Leary**  
Jung and Music                                                                 |
| 2:45-3:15 pm    | Break                                                                  | Break                                                                      |
| 3:15-3:45 pm    | **Tracy Lowe**  
GIM Through The Lens of Neuroplasticity | **Bryan J. Muller**  
The Bonny Method, Modifications, and the Boundaries of Consciousness |
| 3:45-4:15 pm    | **Elizabeth Haley**  
The Bonny Method And Psychiatric Disorders: An Updated Look | **Gert Tuinmann**  
Combining Schematherapy and GIM                                            |
| 4:15-4:45 pm    | **Jessica Talley-Haynes**  
A Resilient Future: Integrating the Gifts of BMGIM and Functional Medicine Principles | **Gert Tuinmann (con’t)**                                                  |
| 5-6 pm          | **Louise Dimiceli-Mitran**  
Panel discussion on the new Competencies / Training Standards document |                                                                            |
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<tr>
<th>Time</th>
<th>Speaker(s)</th>
<th>Topic</th>
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<tbody>
<tr>
<td>8:00-8:50 am</td>
<td>Barbara Davis</td>
<td>Music, Movement, &amp; Meditation...an Adaptation of the Bonny Method for Groups</td>
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<td>9:00-10:00 am</td>
<td>Martin Lawes</td>
<td>Perspectives on The Real, The Imaginary and The Music in GIM</td>
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<td>Hyun Ju Chong and Kyoung Suk Kim</td>
<td>Self-Empathy Phenomenon and Meaning in Music and Imagery Experience</td>
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<td>Kiki Chang</td>
<td>Wearing Multiple Hats: The Ethics of Dual Relationships in GIM Training</td>
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<td>10:00-10:30 am</td>
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<td>10:30-12:00 pm</td>
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<td>12:00-1:15 pm</td>
<td>Lunch box</td>
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<tr>
<td>1:15-2:15 pm</td>
<td>Louise Dimiceli-Mitran &amp; Barbe Creagh</td>
<td>Cosmic Travel in GIM: Conscious Evolution for Our World</td>
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<td>Diane Maris</td>
<td>Expressing the Being and Essence of GIM through Image</td>
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<td>2:15-5:15 pm</td>
<td>Lisa Summer</td>
<td>Indications and Contraindications for the Bonny Method of GIM</td>
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<td>Bryan J. Muller</td>
<td>Modifying the Bonny Method: Ethical Considerations</td>
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<td>Erin Montgomery</td>
<td>General Ethical Considerations for the AMI</td>
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<td>Elizabeth J. Haley</td>
<td>The Use of Videoconferencing in GIM Sessions</td>
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<tr>
<td>SATURDAY June 17</td>
<td>E 104</td>
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| 8:40             | **Opening Remarks**  
|                  | **Laurel Young**  |
| 8:45 - 9:45 am   | **Marilyn F. Clark**  
|                  | *Through the Looking Glass: Psilocybin-assisted Therapy and GIM*  |
| 9:45 - 10 am     | **Annie Heiderscheit**  
|                  | *The Effects of The Bonny Method of GIM on Interpersonal Problems, Sense of Coherence, and Salivary Immunogloblin A of Adults in Chemical Dependency Treatment*  |
| 10-10:15 am      | Break  |
| 10:15-11:15 am   | **Andrea McGraw Hunt**  
|                  | *A Neurophenomenological Investigation of a Guided Imagery and Music Experience: Protocol and Methodological Challenges*  |
|                  | **Kathleen M. Murphy**  
|                  | *Group Guided Imagery and Music for Adults in Addiction Treatment: A Pilot Randomized Control Trial Feasibility Study*  |
|                  | **Evangelia Papanikolaou**  
|                  | *Short GIM in Active Treatment of Gynecologic Cancer: A Feasibility Study*  |
|                  | **Laurel Young**  
|                  | *Client Experiences in Postlude Discussions in GIM; & Predictors of Client Responsiveness to The Bonny Method of GIM*  |
| 9- 9:30 am       | **Martine Létourneau**  
|                  | *Taking Flight (Reprendre son envol) After Mourning Through the GIM Experience*  |
| 9:30-10 am       | **Amy Clements-Cortes**  
|                  | *Veins: Supporting Relationships and Facilitating Grieving at End-Of-Life Through The Bonny Method*  |
| 10:15-11:15 am   | **Shannon Besaw Khalifa**  
<p>|                  | <em>Embodying Wisdom: Creative Exercises for Integration of Archetypal Guides</em>  |</p>
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<tr>
<th>Time</th>
<th>Event Description</th>
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<tr>
<td>11:15-12 am</td>
<td><strong>Research symposium panel</strong>&lt;br&gt;Chair: Laurel Young&lt;br&gt;11:15 am-12 pm Panel&lt;br&gt;Other participants: Carolyn Arnason &amp; Bryan J. Muller</td>
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<td>12-12:30 pm</td>
<td><strong>Closing: Nancy McMaster</strong></td>
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Continuing Education

Wednesday, June 14, 2017

ROOM E-104

12:45 pm Welcome

Presentation 1
1:00 – 3:00PM
The Evolution of GIM as Seen Through the Research: Past, Present, and Future
Cathy McKinney, PhD, MT-BC, FAMI

Learning Objectives:
1. Review the current research and literature in GIM; recognizing the potential harm of music experiences and use them with care.  (CBMT Domain IV.A.2)

2. Design music therapy experiences/GIM sessions for a client by researching the client's age, culture, language, music background, and preferences.  (CBMT Domain I.D.2.a)

3. Design GIM sessions based on client needs and available research by recognizing the client population and health conditions for which music experiences are contraindicated and adapt treatment as indicated.  (CBMT Domain I.D.10)

4. Communicate with colleagues regarding professional issues  (CBMT Domain IV.D.7)

What does the literature tell us about how GIM has developed over its nearly 50-year history? What are the exciting developments at the present time? What future directions can we foresee? How does any of this research inform clinical practice? We will explore these questions together as we examine the evolution of GIM and its possible trajectories into the future.

Cathy McKinney, Ph.D. MT-BC, FAMI is a professor and coordinator of music therapy, teaches in the areas of music therapy in mental health, music therapy in health care, clinical improvisation, supervision, advanced topics in music therapy, and the Bonny Method of Guided Imagery and Music (GIM). She is the editor of the Journal of the Association for Music and Imagery. A past president of the Association for Music and Imagery, Dr. McKinney has served in numerous positions at state, regional, and national levels in music therapy. She has presented her work at state, regional, national, and international conferences. Dr. McKinney received the Bachelor's degree with majors in psychology and music from Duke University before completing the
Equivalency in music therapy at Western Michigan University. She received an interdisciplinary Master of Arts in music therapy from the University of Northern Colorado and the Ph.D. in interdepartmental studies (music therapy and behavioral medicine) from the University of Miami, where she was a University Doctoral Fellow. She is the founding director of the Appalachian State Music Therapy program.

3:00 Break

Presentation 2
3:30 – 5:30PM

Crossing thresholds at transition points in GIM: an exploration of some of the challenges and risk
Leslie Bunt, PhD, FAMI

As GIM practitioners we are aware that maintaining a safe place for ‘travellers’ throughout a GIM session is challenging and not without some potential risks. This presentation will explore the various thresholds and transition points during an individual session from the moment the client/patient enters the room until departure. We shall be using music and images to reflect in small groups on such crucial points in sessions as:
- beginning the prelude
- moving to the induction
- moving from the focus into the music
- shifts and transitions during the ‘travel’
- moving back to the ‘here and now’
- ending the postlude

The presentation will integrate experiential work (listening, dialoguing, writing and drawing) with some theoretical reflections, including reference to some recent studies in psychotherapy that explore some of the more risky and adverse aspects about which we need to be mindful and about which there is not a great deal of research.

Leslie Bunt, Ph.D.  FAMI studied music therapy in 1976 with Juliette Alvin at the Guildhall School of Music and Drama, London. He has now been working for 40 years with children and adults across the lifespan with wide-ranging healthcare needs, currently focusing on work with adults living with cancer and teaching music therapy 1980. In the early ’90s Leslie was invited by Dr Kenneth Bruscia to take part in a GIM training for music therapy trainers. Leslie is now a practising GIM Fellow (AMI) and Primary Trainer running trainings in the UK, Italy and Ireland. He presents regularly at national and international conferences and is well published. A relevant text that supports the workshop examples is the 2nd edition of Music Therapy: an art beyond words, co-written with Brynjulf Stige (Routledge, 2014). He is currently revising The Handbook of Music Therapy (Routledge, 2002) with Sarah Hoskyns and Sangeeta Swamy. Leslie is also a freelance conductor.
with particular experience in conducting opera and choral works. For more information see www.lesliebunt.com.

*The AMI Continuing Education presentation is approved by the Certification Board for Music Therapists (CBMT) for 4 Continuing Music Therapy Education Credits. The Association for Music & Imagery, P-042 maintains responsibility for program quality and adherence to CBMT policies and criteria.

SESSIONS & PRESENTERS
(For complete description, visit the website)

Thursday, June 15

8:30 – 8:50   CONFERENCE OPENING        E-104

9:00 – 10:00   Key Note Speaker

**GIM as Spiritual Practice**
Ginger Clarkson, MT-BC, FAMI

This presentation reviews the development and range of the presenter’s focus on spiritual dimensions of the Bonny Method in private practice with clients, in international trainings, and in supervisions with GIM trainees. The presentation relates to a book that she is writing for Barcelona Publishers on the theme of GIM as Spiritual Practice.

10:30 – 12:00        E-104

**Business meeting / Membership 1**

1:15 – 2:00        E-104

**The Seed or the Flower: The Bonny Method and Music Therapy**
Nicki Cohen, PhD, MT-BC, FAMI

This presentation will explore the relationship between Helen Bonny and GIM in the past, present, and anticipated future of the music therapy profession. Central to this study is the question, *Was the inception of GIM part of a music therapy tradition?* The content includes interviews conducted with expert Bonny Method trainers.
1:15 – 2:00  RC/Cafeteria
**Unearthing Emotion: Full Circle, from Children to Adults**
Mary Reher, BMT, MTA, FAMI

In both children and adults, there is often a sub-text of unexpressed emotion stemming from life circumstances. This presentation moves full-circle from Mary’s work using adapted GIM with individual children in a school, to a nurturing group experience for teachers affected by the stress of caring for their high-needs students.

2:00 – 2:45  E-104
**An Artful Process: Crafting an Arts-Based Methodology For Researching GIM Sessions**
Carolyn Arnason, DA, RP, MTA, FAMI

I will describe an arts-based research methodology for studying the Bonny Method of Music and Imagery (GIM) sessions. Similar to reflexive practices used in GIM, the methodology incorporates different artistic modalities to distill key images and understand breakthrough moments in the therapeutic process, e.g., imagery poems, music improvisations.

2:00 – 2:45  RC/Cafeteria
**Jung and Music**
Catherine O’Leary, MA, MT, FAMI

Having reviewed all the references to music in Jung’s *Collected Works* and other writings I argue against the prevailing view that music played no part in his thinking. I aim to clarify the picture, by exploring what Jung actually wrote about music, and by examining what those references to music tell us about Jung.

3:15 – 3:45  RC/Cafeteria
**The Bonny Method, Modifications, and the Boundaries of Consciousness**
Bryan J. Muller, Ph.D., MT-BC, FAMI

The proliferation of modifications to Bonny Method has raised the need to clarify its defining features. Perspectives from the literature will be presented and squared with results from the 2010 survey of Fellows. How the guide’s orientation, perspective on boundaries, and use of various practices impacts the exploration of consciousness will be discussed.
3:15 – 3:45  E-104
GIM Through The Lens of Neuroplasticity
Tracy Lowe, MA, CCC, FAMI

Neuroplasticity is the brain’s ability to change in response to changes in the environment. This presentation aims to explore how the core elements of GIM – music, imagery, and altered consciousness – interact to support the brain’s plasticity. Implications for GIM practice will also be explored.

3:45 – 4:15  E-104
The Bonny Method And Psychiatric Disorders: An Updated Look
Elizabeth Haley, MS, MT-BC, FAMI

People with serious mental illnesses are justifiably viewed as having high risks of contraindications for BMGIM work. Many, however, experience secondary problems such as trauma recovery and personality disorders that can be effectively addressed. Ethical considerations, modified music programs, and several case study examples will be included in this discussion.

3:45 – 4:45  RC/Cafeteria
Combining Schematherapy and GIM
Dr. Gert Tuinmann, MT, FAMI

The goal of Schematherapy is to facilitate the patients’ emotional experiences and expression of needs with empty chair dialogues and imagery techniques. As music enhances imagery, GIM could intensify these experiences and the therapeutic effect. With a case report, an overview of Schema Therapy is given and possible interventions described.

4:15 – 4:45  E-104
A Resilient Future: Harmonizing the Gifts of BMGIM and Functional Medicine Principles
Jessica Talley-Haynes, MS, FMCHC, FAMI

Explore possible partnership between BMGIM and Functional Medicine while considering mind, body, spirit connections through FM perspective. Examine viable alliance with FM practitioners regarding referrals to BMGIM for integrating wisdom from unconscious related to chronic disease, as well as appropriate FM referrals within BMGIM, including autoimmune and other inflammatory conditions.

5:00 – 6:00  E-104
Panel Standards / Competencies
Friday, June 16

8:00 – 8:50                                                E-104
Music, Movement, & Meditation...an Adaptation of the Bonny Method for Groups
Barbara H. Davis, MS, LPC, FAMI

This experiential presentation will combine music, movement, Nia, & meditation (reflection and sharing) in a group setting. The intention for offering a Music, Movement & Meditation workshop is to give Participants an opportunity to explore how this combination can deepen the group's experience as a whole, as well as for each individual within the group.

9:00-10:00                                                    E-104
Perspectives on The Real, The Imaginary and The Music in GIM
Martin Lawes, FAMI.

In GIM, it is often almost as if the music adapts to the traveler in providing what she needs. This will be discussed in relation to the traveler’s unconsciously creating not only the experience of the music she needs, but even the music itself in a sense, her personal process becoming aligned with the universal creative process in which all things partake, potentially transforming consciousness.

9:00 – 9:30                                    RC/Cafeteria
Self-Empathy Phenomenon and Meaning in Music and Imagery Experience
Hyun Ju Chong, Ph.D., MT-BC, KCMT, FAMI.
Kyoung Suk Kim, Ph.D., KCMT.

The purpose of this study is to examine self-empathy process during the Music and Imagery (MI) sessions using grounded theory analysis. Twelve participants had MI single-sessions. From the in-depth interview, 147 concepts pertaining self-empathy experience derived from open coding and six paradigm categories derived from axial coding. The study showed that both music and imagery were working as agents for facilitating self-empathy. Individuals were connecting to their inner needs as music served an exploration vehicle and a resonator.
9:30 – 10:00  
RC/Cafeteria

*Wearing Multiple Hats: The Ethics of Dual Relationships in GIM Training.*
Kiki, Chang, MA, M.Ed., RP, MTA, FAMI

In Canada, the small number of BMGIM practitioners can make it challenging for trainees to work with Fellows with whom they do not have a previous relationship. For some individuals, dual/multiple relationships are a necessary aspect of the BMGIM training process. The ethics of these relationships will be explored.

10:30-12:00  
E-104

Business meeting / Membership II

1:15 – 2:15  
EV 1.615

*Expressing the Being and Essence of GIM through Image*
Diane Lynn Maris, B.Mus FAMI, Spirit Retrieval Researcher

A brief introduction to MARI (Mandala Assessment Research Instrument). Exploring the powerful interplay between image, colour and texture as an invitation to the deepening of GIM music listening. Investigating the efficacy of self-expression as permission and responsibility for self-growth and alchemy. This work is applicable to both individuals and groups.

1:15 – 2:15  
EV 1.605

*Cosmic Travel in GIM: Conscious Evolution for Our World*
Louise Dimiceli-Mitran, MA, LCPC, MT-BC, FAMI
Barbe Creagh, PhD, LCSW, FAMI, FT

Helen Bonny and Stan Grof highlighted the elements of a cosmic experience. This presentation will explore the cosmic experience through GIM. Definition, imagery examples and some content analysis of sessions will be included. Consistent themes and imagery will be explored as well as music that has opened the space for this phenomena to occur.

2:15 – 5:15  
ETHICS   EV 1.605

*Indications and Contraindications for the Bonny Method of GIM*
Lisa Summer, PhD, LMHC, MT-BC, FAMI

The AMI Code for Ethical Conduct states that Fellows should be “aware of contraindications to the use of The Bonny Method and refrain from using or adapting it when it would not be in the best interest of the individual seeking services.” This presentation will explore indications and contraindications (reasons to use and reasons not to use) for The Bonny Method followed by a question/answer period.
Ethics Panel Presentation
This panel presentation by the AMI Ethics Chair and Committee Members will involve discussion of three topics that were identified by the membership survey as priorities for learning.

General Ethical Considerations for the AMI
Erin Montgomery, MEd, MTA, CCC, RCT. FAMI

Modifying the Bonny Method: Ethical Considerations
Bryan J. Muller, Ph.D., MT-BC, FAMI

The Use of Videoconferencing in GIM Sessions
Elizabeth J. Haley, MS, MT-BC, FAMI

Saturday, June 17

9:00 – 9:30 RC/Cafeteria
Taking Flight (Reprendre Son Envol) After Mourning Through the GIM Experience
Martine Létourneau, MA, MTA, FAMI

The purpose of this presentation is to demonstrate the benefits that the GIM programs can bring to bereaving clients. We will discuss the stages of grief, especially the approach of Jean Monbourquette. Clients’ testimonials will support the virtues/benefits of GIM practice.

9:30 – 10:00 RC/Cafeteria
Veins: Supporting Relationships and Facilitating Grieving at End-Of-Life Through The Bonny Method
Amy Clements-Cortes, PhD, RP, MTA, MT-BC, FAMI.

A clinical case of adapted Bonny Method sessions that were instrumental in facilitating the grieving process and supporting relationships in palliative care will be shared. Implications for adapting Bonny Method sessions, alongside how this work relates to emerging themes of practice in palliative care music therapy practice is discussed.

10:15 – 11:15 RC/Cafeteria
Embodying Wisdom: Creative Exercises for Integration of Archetypal Guides
Shannon Besaw Khalifa, MS, MT-BC, FAMI.

Archetypal guides emerge in the Bonny Method to encourage personal growth by teaching new skills, insights, and ways of being in the world. This experiential presentation will include creative experiences as a process to explore and integrate this wisdom from the unconscious to the conscious to enrich our waking lives.
8:40 Opening Remarks
Chair: Laurel Young, PhD, MTA, FAMI

8:45 – 9:45
*Through the Looking Glass: Psilocybin-assisted Therapy and GIM*
Marilyn F. Clark, M.S., LCPC, FAMI.

GIM pioneer, Marilyn Clark will open our symposium by providing some historical context about foundational research and original ideas related to the development of the Bonny Method. She will then discuss Psilocybin-assisted Therapy and make connections with Helen's Bonny's 'strong experience with music', psychedelic experience, and the evolvement of GIM. She believes that AMI Fellows are well-suited to be involved in current psychedelic research initiatives.

This presentation includes an overview of psychedelic research in the 1950’s-1970’s; the emergence of GIM through this milieu; an overview of findings from current research; and the parallel skills of psilocybin-assisted therapy guides and GIM guides. There will be case examples and sampling of the music used in the psilocybin sessions.

9:45 – 10:00
*The Effects of The Bonny Method of GIM on Interpersonal Problems, Sense of Coherence, and Salivary Immunoglobin A of Adults in Chemical Dependency Treatment*
Annie Heiderscheit, Ph.D., MT-BC, LMFT, FAMI.

This study evaluated the effectiveness of the Bonny Method of Guided Imagery and Music (GIM) on interpersonal problems, coping measures and immune function in adults in chemical dependency treatment. Results suggest that GIM may be effective in addressing issues underlying substance abuse and also have positive impact on physical health.

10:15 – 10:30
*A Neurophenomenological Investigation of a Guided Imagery and Music Experience: Protocol and Methodological Challenges*
Andrea McGraw Hunt, Ph.D., MT-BC, FAMI.

The presenter will provide a step-by-step description of this neurophenomenological investigation and discuss clinical implications of the data collection process. She will also describe methodological challenges that she encountered and explain how they were addressed.
10:30 – 10:45

Group Guided Imagery and Music for Adults in Addiction Treatment: A Pilot Randomized Control Trial Feasibility Study
Kathleen M. Murphy, PhD, MT-BC, FAMI.

The rationale, method, and findings of a randomized control trial, which assessed the feasibility of adding a Guided Imagery and Music (GIM) group into a residential addiction treatment facility will be reviewed. Implications for future research as well as methodological and practical challenges will be discussed.

10:45 – 11:00

Short GIM in Active Treatment of Gynecologic Cancer: A Feasibility Study
Evangelia Papanikolaou, PhD student, MA, MSc, FAMI.

This mixed methods study explores the potential effects and benefits of GIM for women in active treatment of gynecological cancer (GC). A second aim of this study is to explore the feasibility of GIM practice in a Greek oncology unit. Results to date will be presented.

11:00 – 11:15

Client Experiences in Postlude Discussions in GIM; & Predictors of Client Responsiveness to The Bonny Method of GIM.
Laurel Young, PhD, MTA, FAMI

The presenter will provide a summary overview of two studies that she conducted on GIM – one qualitative, one quantitative. She will also share her perspectives on the potential implications that these results and/or research processes may have for GIM practice and future research.

11:15 – 12:00

Research symposium panel
With Special guests Carolyn Arnason and Bryan J.Muller

12:00

Closing Ceremony
Nancy McMaster, MA, MTA, FAMI

E-104
POSTERS’ Thursday and Friday (12:45-1:10 pm)

GIM and Eating Disorders: Learning from Therapist, Trainer, and Client Experiences
Lizzy Barmore, MT-BC, Advanced GIM Trainee

How is GIM currently being used with individuals with eating disorders? What, if any, adaptations or special considerations are GIM practitioners making in working with this population? Data collected from survey and interview-based research of practitioners, trainers, and clients will be explored.

Exploring a modified approach to traditional BMGIM that incorporates sand-tray work: A proposed mixed-methods study
Brent E. Beeson, MS, MT-BC

This poster describes a mixed methods dissertation research proposal that will develop and explore a modification of the Bonny Method of Guided Imagery and Music (BMGIM). This modification integrates BMGIM techniques and sandtray therapy, with a focus on developing an effective treatment approach for adults with a history of chronic interpersonal trauma (CIT).

A Neurophenomenological Investigation of a Guided Imagery and Music Experience: Protocol and Methodological Challenges
Andrea McGraw Hunt, Ph.D., MT-BC, FAMI

The poster provides a step-by-step description of a neurophenomenological investigation and clinical implications of a Guided Imagery and Music Experience, including the methodological challenges.

Helen L. Bonny’s Program of Research at the Maryland Psychiatric Research Center
Stephen Lett, Ph.D. candidate

The emergence of GIM is often narratively tied to Bonny’s MPRC research. To begin fleshing out this narrative, this presentation draws on materials at the GIM Archive that offer a view into how Bonny situated her MPRC work as a critical response to Gaston’s music therapy theory.
The Canadian GIM Experience
Elizabeth Moffitt, MA, MTA, RCC, FAMI
Guylaine Vaillancourt, PhD, MTA, FAMI

This poster presents a survey on the Canadian experience of The Bonny Method of GIM, including the relationship with AMI, the reasons for the orientation found in training programs across the country, the clinical practice, including use of adaptation, music choices, and any challenges it may have.

Promoting Music and Imagery through Live Chinese Music and Chinese GIM Programs
Wai Man NG, FAMI

An Music & Imagery (MI) educational project was conducted in 2016. Over 500 participants experienced MI in 8 live Chinese concerts, 3 workshops and 1 seminar. The questionnaire showed, the participants’ experience was positive and understood the healing power of MI which encouraged them to search GIM service in the future.
SPECIAL EVENTS

❖ Welcome and Social Hour/Dinner Cocktail

Wednesday, June 14  6-8 pm   E 104

Enjoy the music of Concordia graduate music therapy students and meet old and new colleagues!

❖ Exhibit Books sale from Concordia University Book Store

Thursday, June 15  9 am -6 pm    E-104
Friday, June 16   10 am to 1 pm   E-104

❖ Free evening to visit Old Montreal

Thursday, June 15     6:15 pm +

❖ Silent Auction

Thursday, June 15, 1 pm to Friday, June 16, 7 pm    E-104

❖ Reception Banquet/Fellow Ceremony

Group Photo (TBA) E-104

Celebration: Music and visiting at the Residence Or Celebrating and dancing at a nearby bar.

Friday, June 16   6 pm     E-104

❖ Research Symposium (Proceedings available soon on the AMI website)

Saturday, June 17  8:45 am to 12 pm E-104

Please note that these are included in your registration fees:

The Social Hour/Dinner cocktail (Wednesday night)
3 breakfasts (Thursday, Friday, Saturday)
2 lunches (Thursday & Friday)
1 dinner/buffet (Friday night)
6 breaks
BIOGRAPHIES

Carolyn Arnason, DA, RP, MTA, FAMI coordinates the Master of Music Therapy program at Wilfrid Laurier University. She is an experienced performer and improvisor, educator, clinical and research supervisor, music psychotherapist, and arts-based researcher.

Lizzy Barmore, MT-BC, Advanced GIM Trainee is a board-certified music therapist and an advanced trainee in BMGIM through Appalachian State University. She is pursuing degrees in Clinical Mental Health Counseling with an emphasis in Expressive Arts Therapy and a Master of Music Therapy degree.

Brent E. Beeson, MS, MT-BC, Lecturer/Clinical Practicum Coordinator for Ohio University, is an Advanced Level III Associate in the Bonny Method. He has experience working with adolescents, adults, older adults, and veterans with various trauma and mental health concerns.

Kiki Chang, MA, M.Ed., RP, MTA, FAMI has completed graduate level training in the areas of music therapy and psychotherapy, and is working towards becoming a Fellow of AMI. She currently serves on the CAMT board of directors as Certification Chair.

Hyun Ju Chong, Ph.D., MT-BC, FAMI received her BA at Western Illinois University, MA from Temple, and Ph.D. from University of Kansas in music therapy. She is currently the department chair of music therapy at Ewha Womans University in Seoul, Korea. Her clinical orientation is using music in psychodynamic context and she has researched various aspects of music’s psychotherapeutic effects.

Marilyn F. Clark, M.S., LCPC, FAMI is an AMI Fellow, primary trainer, Licensed Clinical Professional Counselor and a pastoral counselor. She is a co-therapist with the psilocybin research at Johns Hopkins University, Baltimore. Marilyn has a clinical practice and teaches GIM whenever she can.

Ginger Clarkson, MT-BC, FAMI, Primary Trainer has a private GIM practice in Houston, TX. Her publications include I Dreamed I was Normal and A Silent Cure. Ginger is a Contemplative Chaplaincy intern and leads Insight Meditation Houston.

Amy Clements-Cortes, PhD, RP, MTA, MT-BC, FAMI is Assistant Professor, Music and Health Research Collaboratory, University of Toronto; Music Therapy Instructor/Supervisor, Wilfrid Laurier University; President of the World Federation of Music Therapy; and Managing Editor of Music and Medicine.
Nicki Cohen, PhD, MT-BC, FAMI is Professor of Music Therapy at Texas Woman’s University. Cohen is an MT-BC and a Fellow/Primary Trainer of AMI. She has written chapters for Bonny Method textbooks and is completing a book entitled, *Advanced Methods in Music Therapy Practice* for Jessica Kingsley Publishers. Cohen is a regular presenter at music therapy and AMI conferences.

Barbe Creagh, PhD, LCSW, FAMI, FT serves in a consultative supervisory role for Rainbow Hospice and Palliative Care and maintains a private psychotherapy practice in Chicago. She is also has a Fellowship in Thanatology.

Barbara H. Davis, MS, LPC, FAMI, Primary Trainer, EMDR, Level II, Nia Green Belt Instructor integrates traditional talk therapy with experiential therapies, GIM, EMDR, REIKI, to establish a safe, yet powerful place for clients to create change in their lives. Barbara also works with groups.

Louise Dimiceli-Mitran, MA, LCPC, MT-BC, FAMI maintains Rhythms Within LLC, a private counseling/music psychotherapy practice in Chicago and is a Primary GIM trainer with the Therapeutic Arts Institute.

Elizabeth Haley, MS, MT-BC, FAMI is an Assistant Professor of Music Therapy at Mississippi University for Women. She completed her Bonny Method training with the Atlantis Institute for Consciousness and Music.

Annie Heiderscheit, Ph.D., MT-BC, LMFT, FAMI is a board certified music therapist with over 18 years of clinical experience. She holds a master's degree in counseling, a doctorate in music/music therapy and has advanced training in the Bonny Method of GIM. She is a graduate faculty member in the Center for Spirituality and Healing in the Academic Health Center at the University of Minnesota. She is an active researcher and published author.

Andrea McGraw Hunt, Ph.D., MT-BC, FAMI has practiced music therapy since 1997 and maintains a private practice in GIM. Prior to becoming an Assistant Professor of Music Therapy at Immaculata University, she served as assistant director of Temple University’s Arts and Quality of Life Research Center. Her research interests include multicultural competence in music therapy practice, music-based assessment in music therapy, and neurophenomenology.
Shannon Besaw Khalifa, MS, MT-BC, FAMI, a board certified music therapist, earned a Bachelor’s from Eastern Michigan University and a Master’s from Radford University. She strives to use her knowledge of intuitional healing and archetypes to help clients build resilience.

Kyung Suk Kim, Ph.D., KCMT, FAMI, studied both MA and Ph.D. courses in music therapy at Ewha Womans University and is currently the adjunct professor at the music therapy department. She has participated in various government-funded projects using music for psychotherapy medium. Her research interest involve qualitative approaches of music experiences and therapy outcomes, especially adults and children with emotional difficulties.

Martin Lawes, FAMI, Primary Trainer is a Primary Trainer and founder of the UK based Integrative GIM Training Programme. His clinical practice is in palliative care. He is the current chair of the Education Committee of the European Association of Music and Imagery (EAMI) and a member of the AMI Standards Committee.

Martine Létourneau, MA, MTA, FAMI, accredited music therapist Trained at Concordia University, Martine's practice is to support the bereaved. She also holds an MA in musicology and is newly a fellow at the Association of Music and Imagery.

Stephen Lett, PhD candidate is a Ph.D. candidate in music theory at the University of Michigan. His dissertation explores the history of theoretical approaches to music by music therapist Helen L. Bonny.

Tracy Lowe, MA, CCC, FAMI is a new Fellow and a Canadian Certified Counsellor, completing her MA at the University of Victoria in 2015. She is starting a private practice at an integrative health clinic in Victoria, BC.

Wai Man NG, FAMI is a UK Registered Music Therapist and GIM Fellow (FAMI) in the Hong Kong regions. He is mainly providing both Music Therapy and GIM service in Hong Kong.

Diane Maris, B.Mus, FAMI is a Process Art Facilitator, orchestral musician, group music teacher, writer, certifications in various alternative and energy medicine modalities. She has a special interest in the transformative power of the creative arts. She is an international facilitator, using BMGIM, MARI, energy medicine and process art techniques as tools for the endeavours of Life Towards Balance.
Nancy McMaster, MA, MTA, FAMI co-founded the Music Therapy program at Capilano University (Vancouver, BC) in 1976 and continues to teach in the program. She brings a depth of compassion, blended with a remarkable breadth of knowledge, and a lived history of Canadian Music Therapy. She is a staff member of the Inner Journey GIM Training offered by Elizabeth Moffitt and is a performance pianist as well.

Elizabeth Moffitt, MA, MTA, RCC, FAMI is a music therapist, a Gestalt therapist and Faculty Emeritus of Capilano University (Vancouver, BC) where she taught for 35 years. She is a Canadian Primary Trainer of AMI and has founded the Inner Journey GIM Training. She offers all levels of training across Canada and has a private practice working with adults.

Erin Montgomery, MEd, MTA, CCC, RCT. FAMI is a Fellow of the Association for Music and Imagery and AMI’s current Ethics Chair. She works in private practice in Halifax, Nova Scotia, Canada.

Bryan J. Muller, Ph.D., MT-BC, FAMI maintains a private psychotherapy practice for adults using Guided Imagery and Music. Bryan also teaches clinical musicianship to undergraduate and graduate music therapy students at Immaculata University.

Kathleen M. Murphy, PhD, MT-BC is Coordinator and Assistant Professor of Music Therapy at Loyola University. She is an active clinician, supervisor, author, and researcher with over 30 years of experience. She served as the associate editor of Music Therapy Research, (3rd Edition). Her research interests include music therapy in substance dependence treatment across the life span and post traumatic stress disorder.


Evangelia Papanikolaou, PhD student, MA, MSc, FAMI-primary trainer is a UK-trained music therapist, FAMI and Primary Trainer for “IMAGEing-European GIM Trainings”. She is currently a PhD Student at Aalborg University, Denmark, Scientific Director of “SONOROA Organization for Music Therapy & Research”, and Adjunct Professor at the Hellenic American University. Evangelia is a current country representative for Greece at the European Music Therapy Confederation.

Mary Reher, BMT, MTA, FAMI, with extensive background in music therapy, Mary has been practising GIM in original and adapted forms since 1996. She lives in rural British Columbia, and works with individuals and groups of all ages.
Lisa Summer, PhD, LMHC, MT-BC, FAMI is the Director of Music Therapy at Anna Maria College and Director of the Institute for Music & Consciousness. She has chronicled her use of the Continuum Model of GIM since 1980 in many articles, book chapters. Lisa edited Helen Bonny’s collected publications for *Music and Consciousness: The Evolution of Guided Imagery and Music* and, with Carolyn Kenny, co-edited the *Special Commemorative Issue on the Life and Work of Helen Bonny* in 2010, *Voices 10*(3).

Jessica Talley-Haynes, MS, FAMI, FMCHC is a course Facilitator & Practicum Supervisor, FMCA. Jessica provides a strengths-based, positive psychology approach to personal development and lifestyle management, incorporating The Bonny Method, Functional Medicine Health Coaching, and Reiki, to help clients find and sustain their unique path to wellness.

Dr. Gert Tuinmann, PhD, FAMI, after studying medicine, he qualified as a specialist in internal medicine. He then studied music therapy (2005-2008) and started GIM training. He became a fellow in 2014 and work in the psychosomatic department (Charite).

Guylaine Vaillancourt, PhD, MTA, FAMI, Primary Trainer is an Associate Professor of Music Therapy at Concordia University. She is a staff member of the Inner Journey GIM Training offered by Elizabeth Moffitt and has a bilingual private practice. She is a member of Concordia’s Arts in Health Research Collective (AHRC) and has worked in the medical field since 1978 as a registered nurse and a music therapist accredited.

Laurel Young, PhD, MTA, FAMI is a certified music therapist (MTA), psychotherapist, author, and a FAMI. She completed her PhD at Temple University and has over 23 years of diverse clinical experience. She currently works as an Associate Professor of Music Therapy at Concordia University. She is research member of several organizations including Concordia’s newly established Arts in Health Research Collective (AHRC).
**Special Thanks to:**

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We would like to thank specially Concordia University’s Office of Research for the Grant Award “Aid to Research-Related Event”
### AMI Leadership Circle

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**MEDLEY**

**Wednesday night: Welcome Social Hour/Dinner Cocktail** on June 14\(^{th}\) from 6 to 8 pm at the Grey Nuns Residence, Room E 104 for hors d’oeuvres, wine, beer and beverages. One complementary drink is provided. There will not be cash bar afterwards.

**Thursday Night:** Free night to enjoy dinner and walk in Old Montreal (metro Place D’Armes or take a taxi). Or go to the nearby UPSTAIRS (1254 Mackay) bar for a jazzy night.(https://upstairsjazz.com/en/index.php)
*See restaurants list in your bag.

**Friday Night/Silent Auction:** Bring your items to Maryann at the registration desk as early as Wednesday morning, no later than Thursday morning. The Silent Auction will begin Thursday afternoon and conclude Friday at 7 pm.

**Friday Night Celebration:** Evening begins at 6 pm with a dinner/buffet (complementary wine). Silent Auction goes up to 7 pm. The Fellows Ceremony starts at 8 pm. Gathering in the conference room, congratulates fellows and visit with colleagues. If you wish to celebrate further, you can gather at a nearby is bar/club (more information coming). There will not be cash bar afterwards.

**Food:** Respect participants’ choice of food (as written on your registration form) as we counted the number of special requests (some mentioned ‘Vegetarian’, ‘Gluten free’, other particularities). For those who did not write any special request, please take the regular offers. We want to be sure that everybody gets what they requested.

**Buffet:** Be aware that the buffet on Friday Night is elaborated except for the main plate (vegetarian, salmon or chicken), you can make only 1 choice for those plates meaning you cannot have some of each unfortunately, unless you are sharing your choice with someone.

**Main Room, E 104:** There is **no air conditioning** in the main conference room, please dress accordingly.

**Concurrent Sessions:** There will be concurrent sessions in another building Friday pm that is one block from the Residence.

**Emergency number:** Guylaine, Maryann or 514-848-3717 #1 (Security)

**Pharmay:** PHARMAPRIX (Corner Guy/Sté-Catherine)

**Wifi:** offered for free in the Residence
AMI OPENING CEREMONY

(Canon)

Tout doit sur terre mourir un jour,
Mais la musique
Vivra toujours.

All things shall perish from under the sky,
Music alone shall live
Never to die.
INFORMATION

Guylaine Vaillancourt, PhD, MTA
Fellow and Primary Trainer of the Association for Music and Imagery
Conference Chair

Associate Professor, Concordia University
Faculty of Fine Arts /Department of Creative Arts Therapies

https://www.concordia.ca/finearts/creative-arts-therapies/programs/music-therapy.html

g.vaillancourt@concordia.ca
Cell: 450-466-4654
514-848-2424 x 5670

Maryann Najpaver, Executive Secretary AMI Office
http://ami-bonnymethod.org/
office@ami-bonnymethod.org

Cell: 440-665-3355
Grey Nuns Residence

A comfortable and affordable accommodation option, an oasis in Montreal’s bustling city centre.

The Grey Nuns Residence is located in the heart of downtown Montreal. Steps away from renowned attractions, restaurants, theatres and museums, the beautiful and impressive historical building is the best kept secret for affordable group housing and low-budget travelers coming to Montréal!

A legacy of love, compassion, and commitment. Since 1737, The Sisters of Charity of Montreal, “Grey Nuns”, have maintained their mission of love, respect, and compassion for poor, the sick, abandoned children, and deprived people as it was defined by their Foundress, Saint Marguerite d’Youville, a widow and mother of two (Marie-Marguerite Dufrost de la Jemmerais) who crossed the Atlantic to come to the Nouvelle France. In 1871, the congregation moved from Old Montreal into the Mother House, designed by renowned architect Victor Bourgeau. The former home of the Roman Catholic Congregation of the Sisters of Charity of Montreal is now part of Concordia University.

Information:
Sarah Caille
Residence Life Manager Summer Accommodations
Sarah.caille@concordia.ca
Tel: 514 848 2424 x 8000
WELCOME TO MONTRÉAL!

Bonjour/Hi!

TOURISME MONTRÉAL
http://www.tourisme-montreal.org

MONTREAL 375th ANNIVERSARY

CANADA 150th ANNIVERSARY
http://canada.pch.qc.ca/eng/1468262573081

HISTORIC LANDMARKS AND PLACES TO SEE!

OLD MONTREAL/Vieux Montréal (Metro Place d’Armes)
http://www.vieux.montreal.qc.ca/eng/accueila.htm

SHOPPING : Souvenirs, Boutiques/High Quality Artisans
at Marché Bonsecours, 350 St-Paul street E.
(Métro Champ-de-Mars)

Bonsecours Street and
Church Notre-Dame-du Bonsecours

SHOPPING near by: Sainte-Catherine Street (Ogilvy, Simons, Place Montreal Trust, Promenades de la Cathédrale, La Baie, Birks etc.)
NOTRE-DAME BASILICA OF MONTREAL (Metro Place d’Armes)
110 Notre-Dame Street West
http://www.basiliquenotredame.ca/en/

Aura (Sound and Light)
http://www.aurabasiliquemontreal.com/en/

MUSEUMS

- Musée des beaux arts de Montréal/Montreal Museum of Fine Arts
  1380 Sherbrooke West Street
  (10 minutes walk from Concordia)
  https://www.mbam.qc.ca/en/
- Musée d’art contemporain
  (Quartier des spectacles-Metro Place des Arts)
  185 Sainte-Catherine West Street
  http://www.macm.org/en/

- Centre canadien d’architecture (5 minutes walk from Concordia)
  1920 Baile (René Lévesques West)
  http://www.cca.qc.ca/en/about

SAINT-JOSEPH’S ORATORY OF MONT ROYAL
(Métro Côte-des-Neiges)
3800 Queen Mary Road
http://www.saint-joseph.org/en
PARC DU MONT ROYAL (Metro Peel and walk North)

PLACE VILLE-MARIE/OBSERVATION TOWER (Metro McGill)
Blvd. René Lévesque West
http://ausommetpvm.com/en/
PUBLIC MARKETS

- JEAN-TALON MARKET (Metro Jean Talon)
  http://www.tourisme-montreal.org/blog/eat-your-way-through-jean-talon-market/

- ATWATER MARKET (Metro Atwater)
  http://www.tourisme-montreal.org/What-To-Do/Shopping/atwater-market

OLYMPIC STADIUM/Parc olympique (Metro Pie IX)

BIOSPHERE, INSECTARIUM & BOTANICAL GARDEN (Metro Pie IX)
http://espacepourlavie.ca/en
CONCERTS

❖ Bourgie Hall/Salle Bourgie
Sherbrooke West Street
(Montreal Museum of Fine Arts. 10 minutes walk from Concordia)
https://www.mbam.qc.ca/en/bourgie-hall/

❖ Place des Arts (Metro Place des Arts)
Sainte-Catherine West Street

SHOWS

❖ Quartier des spectacles de Montréal (Metro Place des Arts)
Sainte-Catherine West Street
http://www.quartierdesspectacles.com/en/?gclid=CN_tlLzhjs4CFQczaQodc9IMNg
Cirque du soleil
VOLTA
(Old Montreal)
https://www.cirquedusoleil.com/canada/montreal/shows